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300 dpi JPEG of Hilary Bruggen is available upon request

**Bruggen Becomes Regular Commentator On
Capital Golf Weekly**

Washington, DC, March 1st, 2005—Washington DC's 24-hour local news network NewsChannel 8 announces that Hilary Bruggen will be a regular commentator on Capital Golf Weekly.

“We are excited to have Hilary join us,” said Channel 8 news anchor Dave Lucas and host of Capital Golf Weekly. “Her extensive business background and golf talent adds an important and unique perspective to the show. We will give her a platform to sound off on topical golf issues of interest to business and casual golfers alike.”

Capital Golf Weekly runs on Channel 8 during the golf season, from March through October on Fridays at 7:30pm, Saturdays at 6:30am and 9pm.

Bruggen is a successful businesswoman as well as accomplished golfer. She is the former head of global marketing for the international accounting and consulting firm KPMG, for James Martin and locally Beers & Cutler LLC as well as Qorvis. Bruggen founded her own firm, Strelmark (www.strelmark.com), a business development consulting firm, two years ago. The company provides all facets of business development services including training and executive coaching services to blue chip professional service firms. Some of the firm's larger clients include Unisys, Clark Construction, Deloitte, ARPC, and Weaving Capital.

The firm also provides training for professionals on how to leverage business golf to gain and retain clients, a subject that Bruggen has frequently addressed in presentations around the country. An avid golfer, Bruggen competed in the 2003 and 2004 Women's Southern Amateur. She also plays on the Columbia Country Club team, in the District and Maryland State Championships.

Bruggen first appeared on Capital Golf Weekly last fall promoting an event in which she was speaking on avoiding business golf blunders. “We were so impressed with Hilary's enthusiasm, knowledge and quick wit, we decided to invite her back on a regular basis,” added Lucas.

Bruggen is the featured speaker for “Women on Course,” a Greater Washington regional golf program developed by Arlington-based CACI Productions and sponsored by the Executive Women's Golf Association. She has been featured on *CBS Marketwatch*, Channel 10's *Law Review with Glenn Lewis*, *Workforce Management*, WTOP News Radio, *BtoB* magazine as well as a number of golf publications and radio shows. She has also written an Expert Opinion column on business development for the *Washington Business Journal*.

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